

Tab 33

From: Conklin, Kelly
Sent: Monday, November 18, 2002 10:04 AM
To: 'dkalman@miamiresearch.com'
Subject: RE: last items

Thanks tough guy.
K

-----Original Message-----

From: Douglas Kalman [SMTP:dkalman@miamiresearch.com]
Sent: Saturday, November 16, 2002 8:23 PM
To: TVNEWS2002@aol.com
Cc: dkalman@miamiresearch.com; kellyc@prosourceonline.com
Subject: Re: last items

Bryan,

~~One cannot extrapolate one hour test change in metabolism to what would happen over a one year period.~~ Lori after taking EFX experienced a 240 calorie increase in metabolism, to make a fair assumption of what MIGHT happen over a one year period - we say with all other things being equal (if she kept all the same controls in her life, exercise and eats as she normally does THAN the 240 calorie increase in metabolism would equal a 25 pound weight loss.

Thus, I put the is disclaimer that "for this subject an extra 240 calories being burned due to the EFX may equate to a 25 pound weight loss over a one year period".

I hope that this statement is what you can work with.

Douglas S. Kalman MS, RD, FACN
Director, Nutrition
Miami Research Associates

At Friday, 15 November 2002, TVNEWS2002@aol.com wrote:

>when diet and
>exercise is held constant".
>
>She did not diet or exercise...so how can that be? She was burning
at this rate just sitting.
>---
>
>Please give me all of your titles please.
>---
>
>

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